

Green Salad Mimosa

2-3 servings

2 tablespoon	lemon juice, or rice vinegar
1 tablespoon	mustard
1/3-1/2 cup	neutral oil
2 heads	butter lettuce, or spring mix for 2-3 servings, rinsed
	Salt and pepper to taste

Directions:

Vinaigrette:

In a bowl, whisk together the mustard, salt, pepper, lemon juice. Slowly add the oil, in a thin stream, whisking all the time until the dressing is emulsified.

Salad Assembly:

Dab lettuce with a towel to remove excess water.

(When lettuce is wet, salad dressing will run off the salad greens).

In a large bowl, combine the lettuce with enough dressing to coat generously.

Place a mound of the salad on each serving plate.

Nutritional value 1 cup lettuce:	Calories	<10
	Vitamin A	36%daily value
	Vitamin K	70% daily value
	Vitamin C	10%daily value